

Anti-doping Green Seal

Template for relevant study or survey in anti-doping. (Length up to 1,2 pages)

Title of the study: Reporting System Doping-Antidoping 2016.

Publication date: June 2017

Author/Organization: The Istituto Superiore di Sanità (National Institute of Health), is an Italian public institution that, as the leading technical-scientific body of the Italian National Health Service (*Servizio Sanitario Nazionale*), performs research, trials, control, counseling, documentation, and training, for public health. The Institute is under the supervision of the *Ministero della Salute* (Ministry of Health). The Institute is responsible for anti-doping controls not related to WADA-NADO.

Target audience: Adult athletes of recreational sports, young athletes.

Objective: Monitoring the phenomenon of doping by filing events and data related to doping, in particular: violation of sports regulations on doping, positivity to anti-doping controls, doping related adverse reactions.

Location/Geographical coverage: Italy.

Summary: The availability of adequate information on the doping phenomenon is essential for the definition of health intervention policies, as well as the development of appropriate regulatory instruments, preventive and repressive.

The data recorded in this report are the violations of sports regulations on doping, the proceedings penalties, and the positivity found by the national anti-doping laboratory and by the regional laboratories accredited, pathologies and doping-related deaths.

Having active monitoring is essential because unfortunately doping is not a phenomenon passenger, on the other hand, is increasingly expanding so much as to become a real social problem and above all public health; it is not a pathology that has been defeated, it is like the influence that changes every year.

The highest percentage of active substances detected in doping controls belongs to:

Corticosteroids (21.2%)

Anabolic agents (15,2)

Diuretics and masking agents (15.2%).

In general, high medicalization of the athletes.

URL of the survey/Related Website:

http://www.salute.gov.it/portale/news/p3_2_1_1_1.jsp?lingua=italiano&menu=notizie&p=dalministero&id=2984