



Anti-doping Glossary

Abuse

To use wrongly or improperly; misuse.

Work out

Exertion or effort directed to produce or accomplish something; labor; toil.

Coach

Someone whose job is to teach people to improve at a sport, skill, or school subject.

Anabolic

Characterized by or promoting constructive metabolism; "some athletes take anabolic steroids to increase muscle size temporarily"

Athlete

A person who is proficient in sports and other forms of physical exercise.

Control

To check, test, or verify by evidence or experiments

Convention

An agreement between states for regulation of matters affecting all of them

Amateurs

Ane who engages in a pursuit, study, science, or sport as a pastime rather than as a profession

Ban

An order to restrain or stop.

Doping

The Prohibition use of a substance (such as an anabolic steroid or erythropoietin) or technique (such as blood doping) to illegally improve athletic performance.

Hematocrit

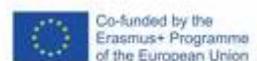
The ratio of the volume of red blood cells to the total volume of blood as determined by separation of red blood cells from the plasma usually by centrifugation

Epo

Epo (or Erythropoietin) a glycoprotein hormone formed especially in the kidney and stimulating red blood cell formation.

Pharmacy

A place where medicines are compounded or dispensed.



**Physiotherapist**

A person qualified to treat disease, injury, or deformity by physical methods such as massage, heat treatment, and exercise.

Youngster

A child, young person, or young animal.

Food Supplement

A preparation that is intended to supply a nutrient that is missing from a diet.

Interest

The feeling of wanting to know or learn about something or someone.

Risk

A situation involving exposure to danger.

Sacrifice

Give up (something valued) for the sake of other considerations.

Health

A person's mental or physical condition.

School

An institution for instruction in a particular skill or field.

Syringe

A small device consisting of a glass, metal, or hard rubber tube, narrowed at its outlet, and fitted with either a piston or a rubber bulb for drawing in a quantity of fluid or for ejecting fluid in a stream, for cleaning wounds, injecting fluids into the body, etc.

Sport

an athletic activity requiring skill or physical prowess and often of a competitive nature, as racing, baseball, tennis, golf, bowling, wrestling, boxing, hunting, fishing, etc...

Steroid

Any of a large group of fat-soluble organic compounds, as the sterols, bile acids, and sex hormones, most of which have specific physiological action, employed, often illicitly, to produce the increase in muscle mass.

Values

The moral principles and beliefs or accepted standards of a person or social group.

