

## Anti-doping Green Seal

### Template for relevant study or survey in anti-doping. *(Length up to 1,2 pages)*

**Title of the study:**

Information/Education Guidelines to Prevent Doping in Sport

**Publication date:**

May 2016

**Author/Organization:**

World anti-doping agency WADA

**Target audience:**

Target groups are determined by the initial analysis and should be consistent with the organization's overall mandate.

The Code identifies specific groups that, as a minimum, should be targeted by anti-doping information and education programs: Athletes

Athlete Support Personnel

Relevant sport organizations

**Objective:**

The Guidelines support ADOs in the development, implementation, delivery, and evaluation of an effective core education program within a broader anti-doping program that also actively addresses deterrence and detection.

This document explains how to build a core anti-doping education program, highlighting the key elements and considerations that accompany each stage. Concrete examples are included to put concepts and principles into a real-life context.

An information program provides factual knowledge (what people should know) within a specific, relevant context that is immediately accessible to the target group/end user.

The aim of any information program is to ensure that answers to questions can be found easily and quickly by an end user to support any decisions they may make.

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## **Location/Geographical coverage:**

European Union

## **Summary:**

As per the 2015 Code, an information program should include updated, accurate information on the following:

Definitions of doping and anti-doping rule violations (ADRVs)

Prohibited Substances and Methods List

Consequences of doping, including sanctions, health and social consequences

Managing the risk of nutritional supplements

Doping Control procedures

Athlete and Athlete Support Personnel rights and responsibilities, e.g. results management, Therapeutic Use Exemptions (TUEs) and Whereabouts Filing

## **URL of the survey/Related Website:**

<https://www.wada-ama.org/en>

[https://www.wada-ama.org/sites/default/files/resources/files/wada\\_guidelines\\_information\\_education\\_2016\\_v3.0\\_en.pdf](https://www.wada-ama.org/sites/default/files/resources/files/wada_guidelines_information_education_2016_v3.0_en.pdf)