

Anti-doping Green Seal

Template for relevant study or survey in anti-doping.

Title of the study:

Factors that influence the consumption anabolic steroids in fitness centers users.

Publication date:

2013

Author/Organization:

A. Martínez, G. Micol, M. Monera y O. Pérez / Revista de Fundamentos de Psicología Vol 5, nº1, 2013

Target audience:

Psychologists

Objective:

To establish factors that influence the decision to initiate the consumption of anabolic steroids substances, in men that practice bodybuilding sports

Location/Geographical coverage:

Autonomous Community of Valencia (Alicante, Castellón y Valencia) - Spain

Summary:

As a consequence of the current increase in the use of anabolic steroids substances, a study will be undertaken to identify factors that are involved in the initiation into its use. The objective of this study was to establish factors that influence men that practice bodybuilding sports, in the decision to initiate the consumption of anabolic steroids substances. For this purpose a sample integrated by 900 people, aged between 16 and 50 years, belonging to 30 fitness centers from the Autonomous Community of Valencia (Alicante, Castellón and Valencia), 10 fitness centers of each province were selected. For that purpose it shall be used self-reports with 11 items. The results will identify the factors that influence and those which do not influence in the initiation of the consumption of anabolic steroids substances.

URL of the survey/Related Website:

<http://revistafundamentospsicologia.umh.es/>